

## Bitchology

When I stand up for myself and my beliefs,  
they call me a bitch.

When I stand up for those I love,  
they call me a bitch.

When I speak my mind, think my own thoughts or do  
things my own way, they call me a bitch.

Being a bitch means I won't  
compromise what's in my heart.  
It means I live my life MY way.  
It means I won't allow anyone to step on me.  
When I refuse to tolerate injustice and speak  
against it, I am defined as a bitch.

The same thing happens when I take time for myself  
instead of being everyone's maid, or when I act a little selfish.  
It means I have the courage and strength to allow  
myself to be who I truly am and won't become anyone else's idea of  
what they  
think I "should" be. I am outspoken, opinionated and determined.  
I want what I want and there is nothing wrong with that!

So try to stomp on me, try to douse my inner flame,  
try to squash every ounce of beauty I hold within me.  
You won't succeed. And if that makes me a bitch, so be it.  
I embrace the title and am proud to bear it.

B - Babe

I - In

T - Total

C - Control of

H - Herself

B = Beautiful

I = Intelligent

T = Talented

C = Charming

H = Hell of a Woman

B = Beautiful

I = Individual

T = That

C = Can

H = Handle anything